

A Different Kind of Griefsm

Coping with Grief after a Substance Use Related Death



Hope for Those Impacted by Addiction
Coaching • Education • Advocacy

Wednesday Evenings

7:00pm - 8:30pm via Zoom

March 4 - April 8

The turmoil before and after an addiction-related death of a loved one may have a different effect on each family member or friend.

The group coaching support differs from traditional grief support because the focus is on the trauma and stigma that often results from this kind of death. There is a specifically focused educational curriculum for each session.

This is a no cost 6-week series hosted by Brighter Days Family Grief Center HIPAA compliant Zoom platform. All facilitators have experienced the death of a loved one from substance use disorder and have been trained through Recovering u.

To register, scan QR code or email info@bdgc.us



www.brighterdaysgriefcenter.org