

A Different Kind of Griefsm

Coping with Grief after a Substance Use Death

Wednesday Evenings

(8/28, 9/4, 9/11, 9/18, 9/25, 10/2)

7:00PM-9:00PM

Registration deadline is Monday, 8/26.



The turmoil before and after an addiction-related death of a loved one may have a different effect on each family member or friend.

The group coaching support differs for traditional grief support because the focus is on the trauma and stigma that often results from this kind of death. There is a specifically focused educational curriculum for each session.

This is a no cost series offered through Brighter Days Family Grief Center HIPAA compliant Zoom platform. All trained facilitators have experienced the death of a loved one from substance use disorder.

To register, email info@bdgc.us or call 952-303-3873.