



## A Different Kind of Grief<sup>sm</sup>

Support for those who have experienced a substance use-related death.

---

**Feb 1, 8, 15, 22**  
**March 1, 8, 2023**

**Wednesday evenings 7pm-9pm**

Registration Deadline: 1/30/23

HIPPA compliant Zoom platform

This is a FREE 6-week series offered through Brighter Days Family Grief Center. \*Registration is required.

The turmoil before and after an addiction-related death of a loved one may have a different effect on each family member or friend. As parents in recovery from their children's overdose death, Beckie and Gloria understand this kind of grief. The group coaching support differs from traditional grief support because the focus is on the trauma and stigma that often result from this kind of disenfranchised loss. They also provide a specifically focused educational curriculum for each session.

To Register:  
Beckie Lillehei  
Beckielillehei@gmail.com  
612-990-0617

