



A Different Kind of Grief sm

Support for those who have experienced a substance use-related death.

**Aug. 10, 17,
24, 31
Sept. 7, 14**

Wednesday evenings 7pm-9pm

Registration Deadline: 8/8/22

HIPPA compliant Zoom platform

*This is a FREE series offered through
Brighter Days Family Grief Center.

Registration is required*

The turmoil before and after an addiction-related death of a loved one may have a different effect on each family member or friend. As parents in recovery from their children's overdose death, Beckie and Gloria understand this kind of grief and welcome anyone who has experienced this kind of loss. The group coaching support differs from traditional grief support groups because their focus is on the trauma and stigma that often results from this kind of disenfranchised loss. They also provide a specifically focused educational curriculum for each six-week session.

To Register:

Gloria:

gloria@recoveringu.com

612-866-1056

Beckie:

Beckielillehei@gmail.com

612-990-0617

