

A DIFFERENT KIND OF GRIEF sm

Support for those who have experienced a substance use-related death.



Six meetings - Wed. Evenings 7:00-9:00 PM
Sept. 9, 16, 23, 30 & Oct. 7 & 14, 2020*

Registration Deadline is Sept. 7th, 2020. Space is Limited.

*If you are unable to make this six-week session, contact Gloria for future dates.

**Location: Brighter Days Grief Center
Zoom Platform**

Fee: \$25 (scholarships are available)

"I have just completed this group and it is amazing! Gloria is such a sweet person who will walk you through the disease of addiction and its ensuing trauma. I highly recommend this group for those of us who have lost a loved one to an addiction-related death. You are not alone." ~ former group member, Samantha

The turmoil before and after an addiction-related death of a loved one may have a different effect on each family member or friend. As a professional in recovery from her son's overdose death, Gloria understands this kind of loss.

The group coaching support differs from traditional grief support groups because Gloria's focus is on the trauma and stigma that often result from this kind of disenfranchised loss. She also provides a specifically focused educational curriculum for each six-week session. There is ample time for personal check-in.

Contact Gloria@612-866-1056 or gloria@recoveringu.com for questions and a free $\frac{1}{2}$ hr. session.