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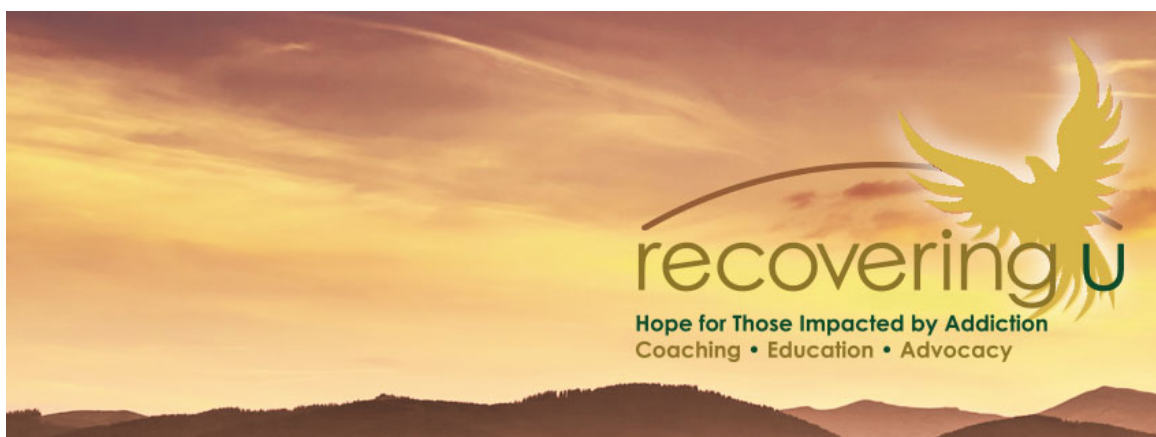
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## GROUP COACHING SUPPORT FOR COURAGEOUS CAREGIVERS©

These group coaching sessions are for family members and friends who have loved ones struggling with any kind of substance addiction, opioid and/or alcohol addiction and use or who are new to recovery. Opioid addiction/use includes narcotic pain pills like Oxycodone, Oxycontin, Opana, Percocet, Vicodin & the drug heroin.

[Click here for current flyer](#)

Meets Thurs. evenings, Feb 23, March 9, 16, 23, 30, & April 13, 2017\*  
7:00-8:30 pm\*\*

**Registration Deadline: February 21, 2017**

Space is limited\*

\*If you can't make this six-week session, please inquire about date and times for the next sessions.

**Please contact Gloria to learn about [available scholarships.](#)**

The coaching support offered during Courageous Caregivers© groups differs from Al-Anon and Nar-Anon recovery support groups because Gloria provides targeted coaching and facilitates group sharing. She also provides specifically focused educational information for each six-week session. Participants are also informed about resources specific to their needs.

## ***We Need Your Support!***

The Steve Rummier Foundation is taking a stand against Opioid Epidemic. [Click here](#) to join us for Opioid Awareness Day on the Hill Feb 21st. [Click here](#) to learn about the Opiate Reform Act of 2017 (SF 730) and how you can support this new legislation.

## ***A DIFFERENT KIND OF GRIEF©***



The turmoil before and after an addiction-related death of a loved one may have a different effect on each family member or friend. As a professional in recovery from her son's overdose death, Gloria understands this kind of loss.

[Click here for current flyer](#)

[Click here for brochure](#)

**Registration Deadline is February 20th, 2017\* - Space is Limited**

Meets Weds. - Feb. 22nd - March 29th  
7:00- 8:30 pm

\*If you can't make this six-week session, please inquire about date and

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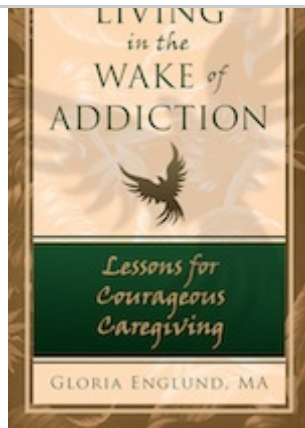
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*“When my dog-eared, coffee stained copy of this book is not ‘on loan’ to a friend who needs its wisdom, it lives on my bedside table as a frequent reference and to give me hope.”*

-Eileen C.

Available on [Amazon.com](#) and [Barnes & Noble.com](#): \$14.95

Kindle & Nook Ebook: \$9.99

**\*Please contact Gloria to learn about [available scholarships.](#)**

The group coaching support differs from traditional grief support groups because Gloria’s focus is on the trauma and stigma that often results from this kind of disenfranchised loss. She also provides a specifically focused educational curriculum for each six-week session. There is ample time for personal check-in.

Contact Gloria @ [612-866-1056](tel:612-866-1056)/[gloria@recovering.com](mailto:gloria@recovering.com) with questions and a free 1/2 hour coaching session.

### You might want to know...

About Gloria's pod cast interview with [Rise2Recovery](#)

About the upcoming Youth & Addiction Conference: [From Statistics to Solutions - Addressing Underlying Issues of Youth Substance Use.](#)

[Click Here](#) for the latest Minnesota Recovery Connection newsletter.