

A DIFFERENT KIND OF GRIEF©



**Six meetings - Every other Wed. Evenings 7:00-8:30 PM
Dec. 14th, 28th, Jan.11th, 25th, Feb. 8th & 22nd**

Registration Deadline is December 12th, 2016* - Space is Limited.

***If you are unable to make this six-week session, contact Gloria for future dates.**

“Gloria is a very skilled group facilitator... I always have felt safe in her group. I would recommend her group to anyone who has a loved one who has died from addiction... There is nowhere else where I have been able to talk about the pain of my husband’s illness and death because of his alcohol use.” – Anonymous grief group member

The turmoil before and after an addiction-related death of a loved one may have a different effect on each family member or friend. As a professional in recovery from her son’s overdose death, Gloria understands this kind of loss.

The group coaching support differs from traditional grief support groups because Gloria’s focus is on the trauma and stigma that often results from this kind of disenfranchised loss. She also provides a specifically focused educational curriculum for each six-week session. There is ample time for personal check-in.

Contact Gloria@612-866-1056 or gloria@recoveringu.com for fee, location and a free 1/2 hr. session.