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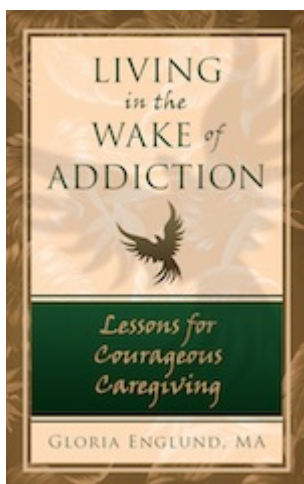
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Dear Friends and Colleagues,

I want to express heartfelt and sincere thanks for all the support you have provided since my book release party on October 8, 2015.



Special One Year Anniversary Price \$11.95 available at Amazon.com through October 21st!

To celebrate our success and the one year anniversary of the release of my book, I am offering a 20% discount on my book from now through October 21st for books orders placed with Amazon.com only. For those who enjoy



Without your help there would not have been a successful Kickstarter campaign!

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[LinkedIn](#) or [Twitter](#), the promotion includes a chance to receive a **FREE Kindle or Nook version of my book.** When you share this price reduction promotion on social media now through October 21st, in at least 10 different posts where I am tagged, those who share will be gifted an EBook for themselves or their chosen recipient. I look forward to hearing from you!

Why Read this Book?

“When I finished reading *Living in the Wake of Addiction* I asked Gloria if I could have several copies of the book to have on hand to sell to those who I knew could benefit from these truthful and powerful words.”

-Betsy H.

“Even though I have not been personally impacted by addiction, I know this powerful story will have an impact on you as it did on me. You will now understand, as I do, the deep emotional toll this disease places on those struggling with addiction and on those who love them....and the importance of strong community support and the necessary funding for rehabilitation services.”

~ Jean Kennedy retired,
Corporate Director



I would not have had the opportunity to share *Living in the Wake of Addiction: Lessons for Courageous Caregiving*, and related addiction-recovery topics in more than 30 different venues. These include recovery community organizations, churches, book stores, private clubs, book fairs, hospice organizations, county training facilities, [newsletters](#) and [newspapers](#).

I've carried the message of recovery as far west as the [Tucson Book Festival](#),



and as far east as [Dismas House](#) in Rutland, Vermont.



My journey with my book began with the 2015 MRC [Walk for Recovery](#).

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“Living in the Wake of Addiction narrates not only the trauma that the addict deals with, but the obstacles both families and individuals face. Gloria lays out a compelling strategy for what all of us can do to make a difference with addiction, saving lives and learning how to educate the world at large so that positive change can be made!”

~Dr. Elaine Millam, La Quinta, CA, [Graceful Passages](#)

“When my dog-eared, coffee stained copy of this book is not ‘on loan’ to a friend who needs its wisdom, it lives on my bedside table as a frequent reference and to give me hope.”

~Eileen C.

“Living in the Wake of Addiction: Lessons for Courageous Caregiving is a book I hold close to my heart and recommend strongly. For me, the mother of a son who has struggled with an opioid addiction, this handbook/story/informative resource provided comfort, insight and new way to look at the substance user’s struggle. It is open-hearted, kind, filled with love and yes, sadness. But even through Gloria’s personal tale, she offers hope and invaluable details about choice and how to move forward with our loved one on this journey. Thank you, Gloria!”

~ Nancy E.

“Gloria’s book has now become one of the resources I recommend to parents and licensed professionals. I wish I had read it during my son’s



Followed by The [FedUp](#) Rally,



then [Unite to Face Addiction](#) with fellow advocates [Nell Hurley](#), [Randy Anderson](#), and [Judy Lee](#).

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into substance use disorders and offers tangible ways to help your loved one while helping yourself. In addition, it thoroughly explains why medication-assisted treatment (MAT) is vital for people with an opioid-use disorder.”

—Rose McKinney aka Midwestern Mama, creator of [Our Young Addicts](#)

Living in the Wake of Addiction: Lessons for Courageous Caregiving, was completely heartfelt and amazing! Being a person in recovery myself, it opened my eyes to see what my addiction did to those around me. Gloria is a wonderful advocate for all of us in recovery, our families, and to the community as a whole! Thank you for sharing your life with us.

—Honesty Liller
CEO, [The McShin Foundation](#)

“Living in the Wake of Addiction helps the readers understand how the stigma and negative judgements towards those with substance use disorders actually prevent them from seeking help for the problem. Gloria’s explanation of addiction as a ‘brain disease’ is helpful in understanding how the illness impacts a person’s ability to think rationally in spite of the harmful consequences of their behaviors. She also provides practical coping strategies for codependents as well as a list of professional and self-help resources.”

—Linda L. Miller M.A., L.P.
Psychologist / family therapist [BHSL Clinic](#), Eagan, MN.

“Living in the Wake of Addiction helped me



I was privileged to have books events at [Barnes & Noble](#), Edina, MN, [Common Good](#), St. Paul, MN & [Phoenix Books](#) in Rutland, VT.

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resulted in his death due to cirrhosis. Gloria's wrenching and honest story provides insight and understanding of how addiction affects our families and society. She moves beyond the personal to a larger view of the effects of addiction and ways we can start to change treatment, attitudes and public policy towards addiction."

-Linda Peterson

Must-See Videos

Have you seen the recent addiction awareness public service ads from

University of Minnesota?

[Click Here](#)

If you missed the October 11th showing of "Prescription for Change" with President Obama and Macklemore,

[Click Here](#)



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[Lutheran Church](#) [St. David's Episcopal Church](#)
and in my own, [Mayflower United Church of Christ](#).



In June I shared presentations and the
[Women's Club of Minneapolis](#)



and in July for Hazel's Book Club at [Hazelden Betty Ford](#) at their new St. Paul location.

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I hope you enjoyed seeing some of the events your support made possible. Stay in touch with our newly updated recoveringu.com website and learn about more upcoming events and future [blogs](#).

With Deep Gratitude,
Gloria