



Recovery Growth Group*

Meets Monthly on Four Tuesday Evenings

August 2nd, Sept. 6th, October 4th and November 1st 2016

7:00–8:30 pm

*****Registration Deadline: July 15, 2016***

Cost: \$150 for four monthly sessions

Space is limited*

- Each month six members* focus on a specific topic, goal or area of growth.
- Prior to the first meeting, participants will be assigned a discovery process they will bring ready to share at the first meeting.
- Members check-in sharing their wins, struggles, or disappointments with their topic as well as their interest in deepening this process or choosing another topic for the following month.
- If you achieved success, how do you see that success adding to your overall growth to the life path you are on now?
- If you didn't move ahead, what were your specific blocks to the process?
- It is essential that participants are open to group accountability and trust.

***** Contact Gloria @ 612-866-1056 or gloria@recoveringu.com for location and more information.***