



National Recovery Month offers support for those in long term recovery as well as those new to recovery or seeking recovery.

You won't want to miss these events:

August 31st - International Overdose Awareness Day & Vigil

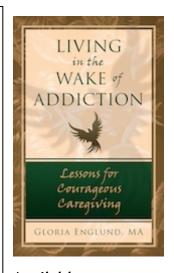
We are in the midst of the worst drug addiction epidemic in United States' history. We will be having a rally at the US Courthouse from 4 pm to 6 pm. Following the rally at 7 pm there will be a candlelight vigil to mourn the loss of our loved ones and raise awareness to prevent further tragedy. The vigil will take place at All God's Children Church, 3100 Park Ave. S., Minneapolis, MN 55407. Click here for Flyer

Sept. 6th - Rally (Caps) for Recovery

Twins vs Kansas City Royals
7:10 pm - 10:00 pm
Target Field, 1 Twins Way
Minneapolis, MN 55403 United States
Tickets are \$15 each and include a FREE hot dog and soda! Click here for Flyer

Sept. 8th - Spirituality Breakfast with Keynote Speaker Nikki Myers

7:30 am - 9:00 am Hoversten Chapel (Foss Center), Augsburg College



Available on

Amazon.com and

Barnes &

Noble.com: \$14.95

Kindle & Nook Ebook: \$9.99

625 22nd Ave South Minneapolis, 55454 United States Presented by Minnesota Recovery Connection, the Augsburg College StepUP Program, and the 2016 Recovery Month Sponsors.

\$15 per ticket (\$5 for students) or \$150 for a table of 8 sponsorship. (Seats and tables may also be donated.) Tickets must be purchased by August 31, 2016. Click here for Flyer and learn more about Nikki Meyers

Sept. 10th - Recovery Fest

4:00 pm - 9:00 pm Recovery Church 253 State Street St Paul, MN 55105

This event is family friendly, with events for children. Dinner, music and games will be available. Jo Campe, Founder of The Recovery Church & Minnesota recovery pioneer in the Twin Cities Recovery Community, will be the featured speaker, 6:00 to 6:45 pm. Music begins at 4:00 pm. Click here for Flyer

Sept. 14th - Addiction to Prescription Pain Pills and Heroin: How Do We Treat It?

10:00 - 10:50 am or 11:00 - 11:50 am

Nelson Perez, faculty member at Minneapolis Community Technical College and Co-Chair of Board for Minnesota Recovery Connection, hosts two key players in the prescription pain meds and heroin addiction treatment discussion. Please join Chuck Hilger, MSW, LACD - Vice President of Meridian Behavioral Health and Katie Pylkas-Blue, RN - Director of Treatment Services for Sage Prairie, for this significant discussion. Location: TBD Click here for Flyer

Sept. 17th - Walk for Recovery

9:00 am -1:00 pm Lake of the Isles 2020 W Lake of the Isles Pkwy Minneapolis, MN 55405

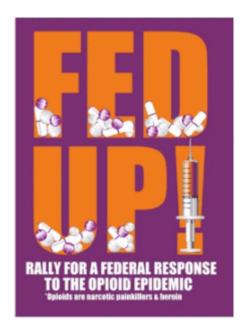
Bring your family and friends—wheelchairs, strollers, and even the family dog! There is NO REGISTRATION FEE to participate in the Walk for Recovery.

Start a Walk Team, join a Walk Team or walk as an

individual! You can fundraise for MRC as a team member or as an individual. Fundraising is encouraged, but not required. FREE SWAG BAG full of goodies to the first 300 people who register online. FREE T-SHIRT to anyone who raises \$50 by August 26, 2016.

DJ! Food Trucks! Photo Booth! Activities for the kids! Click here for Flyer

Sept. 17th, 18th & 19th - National FedUP Rally & Day on the Hill Washington, DC. <u>Click here for Flyer</u>



Did you know Minnesota Recovery
Connection offers All Recovery Meetings
at many Twin Cities locations?
They honor all pathways to recovery!

Be sure to check my <u>Recovering u</u> Facebook page for all of the current recovery-addiction news.

Warmest Regards, Gloria

