



You won't want to miss...

Wednesday, June 15th @ 7:00 pm Common Good Books in St. Paul will hold a book signing and discussion of "Living in the Wake of Addiction: Lessons for Courageous Caregivers." You can also check out the event on their Facebook page.

You might want to go...

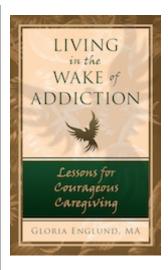
On Tuesday July 26th, enjoy <u>Hazel's</u>
<u>Book Club</u>; a read and meet event
hosted by <u>Hazelden Betty Ford</u>
<u>Foundation</u>.

3:30 p.m.-4 p.m. - Introductions 4 p.m.-5 p.m. - Book Club discussion

Join your behavioral health, treatment and education colleagues for an informal, authorfacilitated discussion about today's most thought-provoking topics in addiction treatment and recovery featuring Gloria Englund, author of Living in the Wake of Addiction:

Lessons for Courageous Caregiving.

Gloria will share a reading from her book, answer questions, and lead what's sure to be a thought-provoking conversation about helping professionals provide guidance and support for families and individuals seeking recovery from addiction.



Available on
Amazon.com and
Barnes &
Noble.com:\$14.95
Kindle & Nook Ebook:
\$9.99

 You will receive your complimentary copy of the featured book by mail within a couple of weeks of registering.
 Register Here

• Light appetizers, beverages and a certificate of completion will be awarded for attending this event. Please note this event has not been approved for Continuing Education (CE) credit. The participant is responsible to verify if this activity meets their Continuing Education board requirements in order to gain CE credit.

## You might want to read...

The latest <u>Recovery Advocacy</u> features the <u>National Council for Behavior Health Day on the Hill</u> with an inspirational message from <u>William Cope Moyers</u>. Other headlines include: Parity and insurance update as well as a look at Gloucester, MA after their first year of the <u>Angel Initiative</u> that offer those with substance use disorder treatment instead of incarceration.

## You might want to know...

Recovering u will offer a new monthly
Recovery Growth Group

- . Do you feel your recovery needs more accountability?
- . Do you need an infusion of new support?
- . Time to look at how you might enhance your recovery path?

Join us on the **first Tuesdays** four consecutive months **beginning August** 3rd @ 7:00 -8:30 pm.

Registration Deadline: July 15th. Contact: <a href="mailto:gloria@recoveringu.com">gloria@recoveringu.com</a> 612-866-1056

September is National Recovery Month!

## You might want to save these dates ...

Join Minnesota Recovery Connection for Recovery Month Events in 2016!

BBO Kick-off: Saturday, July 17, 1pm

Rally (Caps) for Recovery: Tuesday, September 6, 7pm

Walk for Recovery: Saturday, September 17, 9am -1pm https://minnesotarecovery.org/events/2016walk-recovery/

The FedUP Rally will take place September 17 & 18th in Washington D.C.

Do you know Minnesota Recovery Connection offers All Recovery Meetings at many Twin Cities locations?

They honor all pathways to recovery!

Of special note is the <u>FDA's approval of an arm</u> implant to treat opioid dependence.

Be sure to check on my <u>Recovering u</u> Facebook page for all the current recovery-addiction news.

Warmest Regards, Gloria